

Established by the UK Safer Internet Centre (UKSIC), Safer Internet Day is celebrated around the world. This year, on Tuesday 11th February 2025, it will be celebrated with the theme:

**'Too good to be true? Protecting yourself and others from scams online'**

## How can I get involved?

### UKSIC Resources

As usual, the UKSIC have created some fantastic resources, which includes top tips, help and advice and quizzes to help you start a conversation with your child. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2025/tips-for-parents-and-carers>

### Your free Self-Help Tool Centre from Get Safe Online

Get Safe Online have several free tools that you can use to help protect you and your family. The tools include checking a website, how to spot a phishing email, how to check your social media footprint as well as a fun tool to see if you can spot what has been generated by AI.

<https://www.getsafeonline.org/selfhelpcentre/>

### Free Cyber Action Plan from the NCSC

The National Cyber Security Centre (NCSC) have a wealth of advice and tips on how to protect you and your family online, including a short questionnaire to assess how you can improve your cyber security. Once completed, they will provide you with a personalised plan:

<https://www.ncsc.gov.uk/section/information-for/you-your-family>

### How to deal with online scams: a parent guide from Parent Zone

Parent Zone have published an article outlining how to deal with online scams. The article includes how to report scams, further support, and preventive measures you can put in place:

<https://parentzone.org.uk/article/how-deal-online-scams-parent-guide>

### Interactive online scams guide from Internet Matters

Internet Matters have produced an interactive guide to help you understand scams. They also provide further links to additional resources. Find out more here:

<https://www.internetmatters.org/resources/tackling-online-scams-guide/>

### Resources from London Grid for Learning (LGfL)

LGfL have produced this video titled "Life Online - What Grownups Just Don't Get!"

<https://www.youtube.com/watch?v=Lde52EtjljQ>

In addition, they have a selection of resources available here:

<https://parentsafe.lgfl.net/home>