

Health and Wellbeing Week

June 2023

Mr Frame led an assembly for Y5/6 to learn about the dangers of vaping – both to our bodies and the environment.



Team Sports

We used our SECRET skills to 'get involved' and 'build team strength'. Everyone worked brilliantly together to help and support each other.



Team Sports



Team Sports



Memory Garden Pebble Painting

We used our SECRET skills to 'manage our emotions' to learn about dealing with our feelings of losing someone special. We painted a pebble to remember someone special.



Memory Garden Pebble Painting



Memory Garden Pebble Painting



The Power of Empathy

Mr Spencer led an assembly talking about empathy. We discussed it further in our classes and made superhero empathy glasses!



Sports Day

We used our SECRET skills to 'get involved' and 'go for it finish it'. Everyone was amazing! We sang our School Song 'One and All' in public for the first time!



Sports Day



Congratulations Yellow Team!



Being Safe

We learnt how to keep safe from many dangers including:

- **Electrical safety**
 - **Fire safety**
 - **Beach safety**
- **Drugs and medicines**
 - **First Aid**
 - **Online Safety**

Be Safe

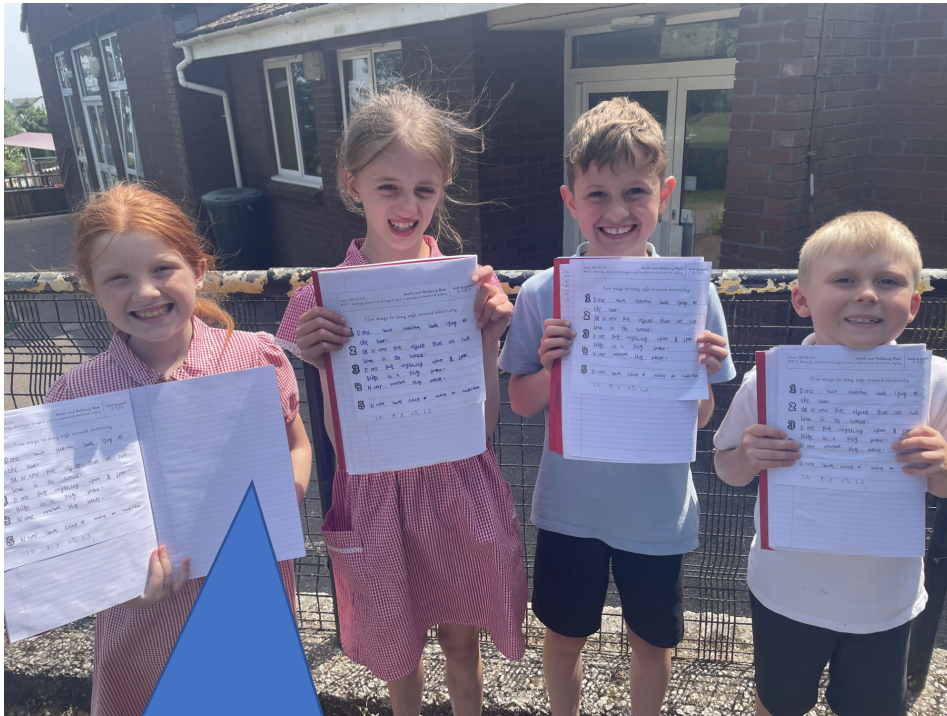
Stop, drop and roll.
Call 999 for help.



Put the back of your hand
against a door to check if
it's hot. You might need to
leave through a window.



Be Safe with Electricity



Don't leave electrical leads lying on the floor.

Don't put electrical things in the shower or bathroom.

