

HALF-TERMLY HOMEWORK MENU YEAR 2

Topic: Care for One and All

Term: Autumn 2

Name:

Statutory Spellings

This term the children will continue to practise spellings daily. Children accessing RWI phonics should continue to practise spelling the green and red words in the front of their weekly reading books.

As part of the spelling focus this half term all children will focus on these spellings as part of their writing targets.

most, only, both, old, cold, gold, hold, told, every, everybody, even, great, break

Times Tables

Practise your 2, 5 and 10 times tables. Use the sheets to help you and you can access lots of times tables games online.



Topic Project Activities using SECRET Skills

- Setting challenges – Can you be kind in different ways? Keep a **list of all the things you have done to be kind** this half term.
- Take responsibility – Can you **come up with an idea to Care for One and All**? This could be planning an activity for your family, cooking a meal for someone or writing a letter to someone you don't see often. The possibilities are endless!
- Try something new – Can you **try a piece of fruit or a vegetable** that you haven't had before. Write about what you thought it was like using the food review sheet attached.
- Be organised - **Keep track of all your exercise for a week or longer** to link with our Science learning. **Please bring this in by 8th December.**

Reading

Keep reading daily for 10-15 minutes and record your reading in your reading diary alongside a parent's signature. Dojos will be awarded for this.

Have a go at the 60 second reads attached to keep practising your comprehension skills.



Online Maths Weekly

Use Mathletics weekly



We'll be watching and rewarding you for your efforts!



Bring your homework in when you complete a piece we will share it with the class on Fridays, you can send videos and pictures via dojo. Please make sure homework is in by Friday 9th December unless stated otherwise. You will receive dojos for your hard work!

Food Review

Write a review for food you have recently eaten.

Food: _____

Describe the food you ate.

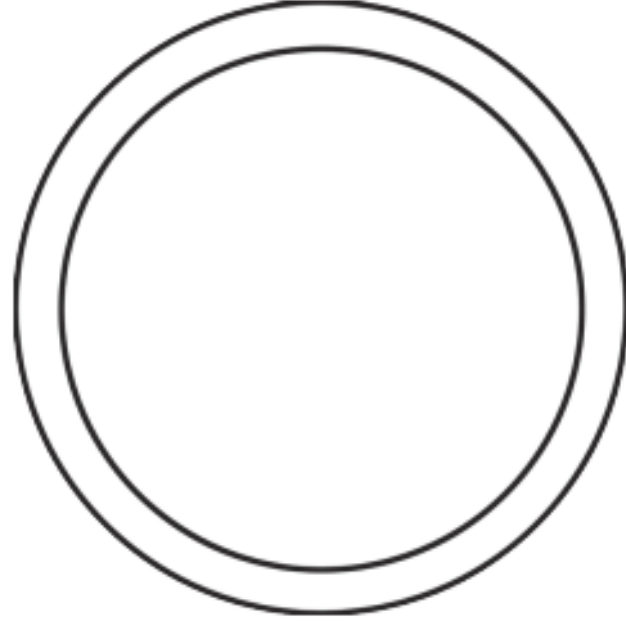


Tick the boxes that best describe your food.

- ☐ spicy
- ☐ sweet
- ☐ hot
- ☐ cold
- ☐ chewy
- ☐ crunchy
- ☐ colourful
- ☐ healthy
- ☐ unhealthy



Draw the food you ate.



What country is the food from?

Research then draw this country's flag.



Rating:



2× Table Practice

1 × 2 =	2 × 2 =	3 × 2 =
4 × 2 =	5 × 2 =	6 × 2 =
7 × 2 =	8 × 2 =	9 × 2 =
10 × 2 =	11 × 2 =	12 × 2 =
5 × 2 =	9 × 2 =	4 × 2 =
8 × 2 =	2 × 2 =	6 × 2 =
12 × 2 =	10 × 2 =	1 × 2 =
3 × 2 =	11 × 2 =	7 × 2 =

Time Taken:	My score: <u>24</u>
-------------	---------------------

5× Table Practice

1 × 5 =	2 × 5 =	3 × 5 =
4 × 5 =	5 × 5 =	6 × 5 =
7 × 5 =	8 × 5 =	9 × 5 =
10 × 5 =	11 × 5 =	12 × 5 =
3 × 5 =	5 × 5 =	9 × 5 =
7 × 5 =	12 × 5 =	2 × 5 =
4 × 5 =	1 × 5 =	11 × 5 =
10 × 5 =	6 × 5 =	8 × 5 =

Time Taken:	My score: <u>24</u>
-------------	---------------------

10× Table Practice

$1 \times 10 =$	$2 \times 10 =$	$3 \times 10 =$
$4 \times 10 =$	$5 \times 10 =$	$6 \times 10 =$
$7 \times 10 =$	$8 \times 10 =$	$9 \times 10 =$
$10 \times 10 =$	$11 \times 10 =$	$12 \times 10 =$
$7 \times 10 =$	$12 \times 10 =$	$4 \times 10 =$
$9 \times 10 =$	$5 \times 10 =$	$11 \times 10 =$
$2 \times 10 =$	$1 \times 10 =$	$6 \times 10 =$
$10 \times 10 =$	$3 \times 10 =$	$8 \times 10 =$

Time Taken:	My score: <div><div></div><div><div></div><div>24</div></div></div>
--------------------	---

Advice from a Dentist

10 It is very important to take good care of your
19 teeth. Strong and healthy teeth will help you to
29 chew and eat the right foods that will help you
38 to grow big and strong. Healthy teeth help you
42 to speak clearly, too.

52 After you eat, germs can stick to your teeth and
59 make something called plaque. Plaque can cause
70 holes to form in your teeth if it is not brushed
77 away regularly. Plaque can also make your
86 gums red and sore. If your gums are not
95 healthy, your teeth may start to wobble or fall
105 out. Make sure that you brush your teeth at least
114 twice per day to keep your mouth clean and
115 fresh.



Quick Questions



1. What can plaque do to your teeth?



2. Which two adjectives has the author used to describe how plaque can make your gums?



3. What might you find difficult if your gums are not healthy?



4. Number these sentences from 1 to 3 to show the order they appear in the text.

☐ Healthy teeth help you to speak clearly.

☐ Plaque can make your gums red and sore.

☐ Brush your teeth at least twice per day.

Doctor's Orders

11 Mum: How did you go on at the doctors, Sammy? What
14 did they say?

24 Sammy: Well, it wasn't good news. The doctor says that
37 I need to get healthier or I will be poorly. I don't do
45 enough exercise and I'm not eating healthy food.

56 Mum: I thought you were quite healthy. You eat lots of
62 different things and you play outside.

76 Sammy: I know but it is not enough. I need to eat at least
85 five pieces of colourful, juicy fruit and tasty vegetables
96 every single day. I need to get at least thirty minutes
106 of tiring exercise every single day that makes my heart
112 beat faster and makes me sweaty.

120 Mum: Let's make more healthy choices together, Sammy.



Quick Questions



1. What does Sammy say will happen if she doesn't become healthier?



2. Did Mum know that Sammy was unhealthy? How do you know?



3. What might Sammy and Mum do to get healthier?



4. Which two adjectives does the author use to describe fruit?

A Postcard from Mo Farah

2 Hello Dad,
11 I'm writing to you from my running camp in
19 Africa. We have been training hard and working
29 up a real sweat. It is important that we work
42 hard to keep fit so that we can be the best in
50 the race; that includes making sure that we are
58 eating healthy foods to keep our bodies strong.
67 For breakfast today, I had a bowl of porridge
78 with a banana on top. For lunch, I ate a jacket
87 potato with beans and a salad. For my evening
96 meal tonight, I'm going to be having chicken
103 with pasta and vegetables. I love eating healthy
114 food because it keeps me fit and lets me run for
115 longer.



Quick Questions

1. Match the name of the meal to what Mo ate for it.

Breakfast	chicken, pasta and vegetables
Lunch	porridge with a banana on top
Evening Meal	jacket potato with beans



2. Why does Mo want to be the best in the race?

3. '*...it keeps me fit*' In this sentence, what does 'fit' mean?



4. What else might Mo do to keep his body healthy?



